

## Fruit fusion

### Ingredients

1 clementine  
6 red grapes  
6 green grapes  
1 kiwi fruit  
1 banana  
1 apple  
2 x15ml spoons orange juice

### Equipment

Vegetable knife, chopping board, bowl, measuring spoons, spoon.

### Method

- 1 Peel the clementine and separate into segments.
- 2 Cut the grapes in half and remove any seeds.
- 3 Peel the kiwi fruit and slice.
- 4 Peel the banana and slice carefully.
- 5 Quarter the apple, remove the core and slice.
- 6 Place all the fruit in a bowl.
- 7 Add the orange juice and mix together.

### Top tips

- ◆ Try using different types of fruit such as sliced peaches, chunks of fresh mango or canned pineapple pieces.
- ◆ Use other types of fruit juice instead of orange juice.
- ◆ Cut the fruit into very small, even sized pieces to make a fruit cocktail.

### Skills

Bridge hold	Claw grip	Stirring	Measuring	Peeling
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