

## Pizza toast

**Serves 2**

### Ingredients

2 slices bread (or a bagel or a piece of French stick sliced in half)  
2 x 15ml spoons tomato pizza sauce  
½ yellow pepper  
1 spring onion  
1 mushroom  
30g hard cheese, e.g. Cheddar, Edam, Gruyere  
½ x 5ml spoon mixed herbs

### Equipment

Chopping board, knife, grater, fish slice, measuring spoons, dessert spoon.

### Method

1. Preheat the grill.
2. Slice the pepper, spring onion and mushroom.
3. Grate the cheese.
4. Place the bread under the grill and toast one side.
5. Remove the bread from the grill and place on the chopping board uncooked side-up.
6. Spread the tomato sauce over the bread.
7. Arrange the pepper, mushroom and onion over the slices.
8. Sprinkle the cheese and mixed herbs over the bread.
9. Place under the grill until the cheese bubbles.

### Top tips

Why not add cooked sausage or chicken, or canned tuna?  
Add a spoon of pickle or chutney for extra bite.

### Skills

Grating	Bridge hold	Claw grip	Using the grill	Spreading
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